

**NEW NATIONAL REPORT DOCUMENTS INCREASED BEHAVIORAL HEALTH DISPARITIES IN EMPLOYER SPONSORED HEALTH PLANS**

A new study conducted by Milliman, Inc. covering 37 million employees and their families, commissioned by The Bowman Family Foundation, reflects dramatically worsened access to behavioral health care since a similar study was published two years ago.

- Despite the National Opioid and Suicide Crises, mental health and substance use treatment\* together accounted for less than 3.5% of total health care spend, with substance use treatment ranging from 0.7 to 1% of that total over the 5 year period.

- Behavioral health access disparities escalated from 2013 to 2017 in all three categories of care examined: outpatient visits, inpatient facilities and outpatient facilities. Disparities nearly doubled for inpatient and outpatient facilities, rising from almost 3 to nearly 6 times more likely, when compared to medical/surgical facility use.
- Children were 10 times more likely to receive outpatient mental health care out of network compared to primary care visits, twice the disparity faced by adults.

**▶▶▶ INPATIENT FACILITY ACCESS**

**Higher out of network** for behavioral health inpatient compared to medical/surgical.

	2013	2015	2017
<b>NATIONAL</b>	<b>2.83 x</b>	<b>3.85 x</b>	<b>5.24 x</b>
<b>OKLAHOMA</b>	<b>2.83 x</b>	<b>4.23 x</b>	<b>6.54 x</b>

Oklahoma out of network inpatient use rose from **2.83 to 6.54 times more likely**—25% higher than the national average.

**▶▶▶ OUTPATIENT FACILITY ACCESS**

**Higher out of network** for behavioral health outpatient facility compared to medical/surgical.

	2013	2015	2017
<b>NATIONAL</b>	<b>2.97 x</b>	<b>5.09 x</b>	<b>5.72 x</b>
<b>OKLAHOMA</b>	<b>3.95 x</b>	<b>8.35 x</b>	<b>8.96 x</b>

Oklahoma out of network outpatient facility use rose from **3.95 to 8.96 times more likely**—more than 50% higher than the national average.

**▶▶▶ OFFICE VISIT REIMBURSEMENT**

**Higher office visit reimbursement** for primary care compared to behavioral health.

	2013	2015	2017
<b>NATIONAL</b>	<b>20.70%</b>	<b>20.80%</b>	<b>23.80%</b>
<b>OKLAHOMA</b>	<b>32.10%</b>	<b>18.50%</b>	<b>27.30%</b>

Oklahoma behavioral health providers **received 27% less than other doctors** for similar billing codes.

**▶▶▶ OFFICE VISIT ACCESS**

**Higher out of network** for behavioral health office visits compared to primary care.

	2013	2015	2017
<b>NATIONAL</b>	<b>5.04 x</b>	<b>5.09 x</b>	<b>5.41 x</b>
<b>OKLAHOMA</b>	<b>2.92 x</b>	<b>2.88 x</b>	<b>4.21 x</b>

Oklahomans are **4 times more likely** to need to go out of network for behavioral health office visits compared to primary care.

\* Excludes behavioral health prescription drugs, which were 2% of total healthcare spending in 2017.